

## Career Decision Making

Instructions: For each statement below, please read carefully and indicate how much confidence you have that you could accomplish each of these tasks by marking your answer according to the following categories of levels of confidence.

**How much confidence do you have that you could . . .**

	COMPLETE CONFIDENCE	MUCH CONFIDENCE	MODERATE CONFIDENCE	VERY LITTLE CONFIDENCE	NO CONFIDENCE AT ALL
Communicate the value of a liberal arts education					
Communicate the value of your major (either intended or declared)					
Identify careers that will fit your interests, skills, and personality					
Accurately assess your abilities					
Define the type of lifestyle you would like to live					
Identify careers that will fit your preferred lifestyle					
Decide what you most value in an occupation					
Figure out what you are and are not ready to sacrifice to achieve your career goals					
Prioritize your top 3-5 career choices					
Select one occupation from a list of occupations you are considering					
Determine what your ideal job would be					
Find information about occupations you are interested in (through books, websites, people)					

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Identify employers, firms, institutions relevant to your career possibilities					
Make a list of your goals over the next 5 years					
“Try out” career ideas (internships, student organizations, volunteering, job shadow)					
Talk with a person already employed in the field you are interested in					
Use social media to connect to alumni/professionals in fields of interest					
Use resources to find internship/jobs (search engines, websites, networking)					
Prepare a good resume					
Prepare a good cover letter					
Successfully manage the job/internship interview process					
Seek help from L&S Career Services					
Find a role model or mentor (Graduate Students, Professors, Advisor outside of academia)					
Persistently work at your career goal even when you get frustrated					